



More Than a Food Bank

Building Health and Belonging through
Food, Education & Advocacy





We are passionate about...

Healthy People

Connected Community

Environmental Sustainability

Our Mission

**Building health and belonging through food,
education and advocacy**

Our Vision

**A compassionate, equitable community, where
everyone is nourished**





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Community Pantry

Emergency Food Assistance

Wellness Hub

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Child & Youth Programs



Adults & Seniors Programs



Our Gardens

10,000 pounds of
fresh, organic food
grown for our
programs each year



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VOLUNTEERS
1,372



HOURS CONTRIBUTED

13,108



\$419,456 Value

Mobile Food Market

Fresh produce market on wheels. The goal is to increase access to fresh food, at an affordable cost, for all households across Cambridge and North Dumfries.

14 Different Locations weekly



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Food Rescue Program

Feed More, Waste Less

A 2019 report by Waste Reduction Canada reported that 35.5 million tonnes of food is wasted in Canada each year and 32% of that food, or 11.2 million tonnes, could have been saved.





THANK YOU

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